### **SNAP**

## THE SUPPLEMENTAL NUTRITION ASSISTANCE PROGRAM



SNAP (formerly Food Stamps) offers nutrition assistance.

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#### **Eligibility Criteria**

- Anyone purchasing and preparing food together are one SNAP household
- U.S. citizens and certain non-citizens are eligible
- Meet income standards for your household size
- Meet the asset standard for your household



#### **Application Process**

- Apply online at jobs.utah.gov/myCase or any local employment center
- Complete a telephone interview within 7 days
- Applications may take up to 30 days to be processed
- Go paperless and sign up for alerts about your application
- Benefits issue monthly. Allotments are determined based on household size, income and other factors

# E&T and Able-bodied Adults without Dependents (ABAWD) requirements:

- The Employment and Training (E&T) Program helps individuals learn the skills needed to find work and increase household income
- Able-bodied adults are those who are healthy and have not had a doctor diagnose a disability and who do not have
  dependent children living in their home. An ABAWD may receive 3 months of SNAP benefits in a period of 36
  months without participating in an ABAWD employment or training activity.

	Contact Information	Notes
Contact Name/Email	Jill Black • jillblack@utah.gov	Each agency determines eligibility based on its own criteria and is not reflective of partnering agencies affiliated with the WIOA one-stop center.
Address/ Phone	180 N 100 W • Logan, UT 84321 (435) 713-2441 / Toll Free: 1 (866) 435-7414	
Business Hours	Mon-Fri 8AM-5PM; Closed Weekends & Holidays	
Website	Jobs.utah.gov/myCase	